

## Sweet Valentine Runner

By Marie Duncan, Education Creative Coordinator

Our sweet Valentine design is reminiscent of the old fashioned Valentines and boxes of candy. Make it for yourself and your friends, to bring a bit of romance back into your busy life. You will swear that the candlewick knots were done by hand! The hemstitching and ribbon trim add a touch of charm that is sure to please the “girl” in you!



Our Valentine Runner uses the February 2010 Monthly Design, #410101. It is free for the month of February, 2010 from [www.myembroideries.com](http://www.myembroideries.com). Click on the link, from the Free Design page on the Pfaff website and you will be ready to download it.

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When you get to the Checkout, insert the coupon code FreeFeb2010 in the box. Then click Apply Coupon. After February 2010, the design will be available for purchase from [www.myembroideries.com](http://www.myembroideries.com).

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## Sewing Supplies:

1/2 yard of 55" wide Linen or Cotton/Linen Blend

INSPIRA® Tear-A-Way Light Stabilizer

40 wt. Rayon Embroidery Thread

Bobbin Thread

1 Yard of 1" Wide Embroidered Ribbon

INSPIRA® Wing Needle

Narrow Edge Foot #820609-096

1. Pull a thread, so you are on grain, and cut your fabric to 17" x width of fabric or to 1" larger than desired size of runner. Allow 1" extra all the way around.
2. Mark the embroidery start point on each end 8" from the end, centered.
3. Hoop your fabric with 2 layers of INSPIRA® Tear-A-Way Light Stabilizer.
4. Thread with 40 wt. rayon thread on top and bobbin thread in the bobbin.
5. Embroider the heart design #410101 on each end of the runner.
6. Insert a wing needle.
7. Thread with cream 40 wt. rayon embroidery thread on top and bobbin thread in the bobbin.

8. Select the Entredeux stitch 3.2.12 .


9. Snap on your Narrow Edge foot.

10. Using an air soluble fabric marker, mark a line 2 1/2" below the point of your heart. Align the edge of the ribbon on this line with the ribbon between the line and the heart embroidery.



11. Stitch the ribbon in place, on each side of the ribbon, using the entredeux stitch. Stitch with the ribbon to the left, aligning the edge of the ribbon with the guide on the foot as shown.

12. Snap on your 1A Foot. Align the edge of the foot with the edge of the ribbon and stitch a row of entredeux on each side of the ribbon.

13. Select 3.2.8 . Place the edge of the runner under the foot so that the raw edge of the fabric is even with the edge of the foot. Stitch along the four raw edges of the runner.

14. Trim from "hole" to "hole" next to the edge of the stitching.

15. You are done! Enjoy!

